

SHORT COURSES 2026



EST 2003

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ABOUT US





WHO WE ARE

Villioti Fashion Institute is an accredited tertiary education institution that takes pride in making the ordinary extraordinary. Founded by Spero Villioti who has run a successful fashion brand for more than 30 years and Villioti Fashion Institute for 23 years. We are extraordinary in the details, which is what will set you apart and secure your future in fashion. International affiliations with Parsons New York, Fashion Institute of Technology New York and London College of Fashion enable us to internationally benchmark our courses to ensure international alignment. We also offer students exposure to our vast network within the fashion industry, ensuring that you stay at the forefront of the fast changing world of fashion.

WHAT WE DO

We educate, train and guide young visionaries to grow into fashion industry leaders. We offer students a well-rounded education that covers everything from business and entrepreneurial theory to fashion design and garment creation. Simply put, Villioti Fashion Institute will equip you with the necessary knowledge and skills required to have a successful career in the fashion industry. We have highly qualified academic staff with vast industry experience and practical knowledge.

WHY WE DO IT

Each of our courses are carefully curated to ensure that they are relevant to the fashion industry. Our close ties with the industry, and the experience of Spero Villioti himself, ensures that students are immersed in both practical and theoretical aspects of fashion. We nurture creativity to reap the reward of producing accomplished fashion graduates.

ARE YOU THE RIGHT FIT?

If you want a career in fashion, a qualification from Villioti Fashion Institute is the ideal way into the industry. No matter which avenue of fashion you're interested in, we offer qualifications that align perfectly with the needs and trends of the industry. We're all about the fundamentals of fashion, and if you are ready to dedicate yourself to the artistry of this industry, we will be the perfect fit.

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PROGRAMMES

short courses

Short courses are held once a week
in the evenings from 5:00pm - 9:00pm,
on Saturdays from 9:00am - 1:00pm or
1:30pm - 5:30pm.

GARMENT CONSTRUCTION Level 1 | 2 | 3 | 4

12 Weeks per level

OPTION A: R5 830 per level | **OPTION B:** R1 500 securing deposit and balance of R4 330 course fee per level before the start of the course.

Unlock the world of fashion creation with our Garment Construction short courses! This exciting, hands-on experience will teach you the essential skills to turn fabric into stunning, three-dimensional garments.

From day one, you'll be learning and practicing specialized construction techniques, mastering the insider methods that set professional designers apart. You'll also get access to the exclusive secrets of Villioti's refined craftsmanship, helping you elevate your sewing skills to new heights.

Not only will you gain the ability to construct beautifully crafted garments, but you'll also build your own sewing sample file—your personal reference library of fundamental techniques that you can turn to throughout your fashion journey. This course is perfect for aspiring designers looking to dive into the world of garment creation. Get ready to sew, shape, and create with confidence!

Level 1

In this course you will learn to use a sewing machine and overlocker in a safe professional way. You will build a sewing sample file comprising of a variety of zips, seams, facings, hems, pockets, darts, buttonholes and buttons as well as waistbands and collars which will be used for reference in level 2

You will have a good understanding of professional terminology. Understanding and executing correct fabric cutting layouts and fabric cutting techniques is an important skill learnt in this course. At the end you will sew your first full garment and see what you have achieved! You are now ready to move onto level 2. Equipment: R1 000

Level 2

This course focuses on the construction of everyday items of clothing such as a pair of jeans, a blouse and a top. You will apply the knowledge learned in level 1 to construct beautifully finished garments. You are now ready to move onto level 3. Equipment: R500

Level 3

By applying the knowledge which you would have gained in level 1 & 2 you will learn to sew advanced garments: Fluid and draped garments such as a chiffon dress. Corsetry and volume garments such as a wedding dress. Equipment: R500

Level 4

By applying the knowledge which you would have gained in level 1 & 2 you will learn: Sewing tailoring which will equip you with the specialized techniques to create perfectly fitted tailored trousers/skirts and jackets.

Please note: Level 3 & 4 courses, you are required to have your own sewing machine for homework assignments. Certification: A certificate of completion (non-credit bearing) will be received after completing level 1 & 2 or level 3 & 4.



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PATTERN MAKING Level 1 | 2 | 3 | 4

12 Weeks per level

OPTION A: R5 830 per level | **OPTION B:** R1 500 securing deposit and balance of R4 330 course fee per level before the start of the course.

Unlock the art of bringing your fashion ideas to life with our courses in women's pattern manipulation and engineering!

Dive into the world of pattern-making, where you'll master the essential skills to transform flat fabric into stunning, wearable creations.

Imagine taking a simple, well-fitted basic pattern and shaping it into endless garment possibilities—from chic everyday dresses to elegant blouses and more. Whether you're dreaming of creating your own fashion line or just want to craft your own wardrobe, this course will give you the tools to design with confidence.

Get ready to learn how to sculpt fabric to the curves of the human body, turning your creative visions into reality! If you've ever wanted to step into the exciting world of fashion design, this is your moment!

Level 1

Learn the fundamentals of Pattern Making
Take correct body measurements
Draft basic woman's wear blocks
Learn dart and shaping transfer skills
Equipment: R1 000

Level 2

Learn skills to create a variety of garments by manipulating your basic blocks drafted in level 1
Equipment: R250

Level 3

By applying the knowledge which you would have gained in level 1 & 2 you will learn to draft patterns for: Fluid and draped garments such as a chiffon dress. Corsetry and volume garments such as a wedding dress.
Equipment: R250

Level 4

By applying the knowledge which you would have gained in level 1 & 2 you will learn: Tailoring which will equip you with the specialized drafting techniques to create perfectly fitted tailored trousers/skirts and jackets.
To grade a pattern from a size 34 up or down to achieve the size you require in a few easy steps.

Certification: A certificate of completion (non-credit bearing) will be received after completing level 1 & 2 or level 3 & 4.

FASHION DESIGN Level 1 | 2

12 Weeks per level

OPTION A: R5 830 per level | **OPTION B:** R1 500 securing deposit and balance of R4 330 course fee per level before the start of the course.

Successful designers have a knack for transforming abstract ideas into tangible, innovative designs. They can take inspiration from anything—art, nature, culture—and translate it into something wearable.

These fashion design courses are an exciting blend of creativity and technical skill, where each designer follows their own unique path, but all share the same essential principles. As a fashion designer, you’re more than just an artist—you’re a visionary who crafts clothing with a purpose, catering to specific themes and markets. From the world of cutting-edge haute couture and luxury brands to the bustling mass-market scene, fashion designers shape trends and solve real-world problems through their creations.

The key to success? Interpreting a design brief and turning abstract ideas into stunning, market-ready products. Designers who can think outside the box and create innovative solutions are the ones who stand out in this fast-paced industry.

And what’s the secret weapon in a designer’s toolkit? Drawing. It’s the ultimate form of communication for bringing your ideas to life. Those who master the art of fashion illustration and visual storytelling have a serious advantage, able to turn concepts into eye-catching presentations that captivate and inspire.

In these courses, you’ll discover how to turn your boldest ideas into reality by mastering the essential skills of design and illustration. You’ll not only refine your creative vision but also learn the



techniques that set successful designers apart. Ready to dive in and develop your unique style? This course will give you the tools to transform your creativity into a powerful force in the fashion world!

Level 1

This course is an introduction to Fashion Design principles and practices and you will learn the following skills:

Basics of Fashion Illustration:
Assembling a basic fashion figure (proportions & poses)
Introduction to gesture drawing to capture movement and flow
Understanding fashion figure proportions and balance

Introduction to Fabric and Textile Basics:
Identifying basic fabric types and their visual properties
Understanding how different fabrics behave and drape on the body
Learning to illustrate textures like denim, silk, and knitwear

Research and Concept Development:
Basic research skills: creating mood boards, concept boards, customer profiles
Defining themes and sources of inspiration
Developing a personal mood and story for design projects
Introduction to colour palette selection and cohesion

Basic Technical Skills:
Introduction to sketching flats and simple garment elements (understanding the need for flats alongside fashion Illustrations)

You are now ready to move onto level 2.

Level 2

In this more advanced Fashion Design course you will apply all the skills learnt in level 1 to achieve the following:

Creating a Signature Design Aesthetic:
Identifying personal inspirations and influences in fashion
Experimenting with silhouettes and garment details (3D design vs 2D design)
Developing a cohesive design style
Exercises on mixing and matching different eras, textures, and styles

The Fashion Design Process:
Understanding the steps from concept to final collection
Learning how to organize and structure a mini collection (Editing and Styling)
Introduction to seasonal and market-focused design considerations (If necessary)

Advanced Illustration Techniques:
Exploring unique illustration styles (stylized, realistic, minimalistic)
Learning how to combine flats and technical drawings with creative illustrations
Detail work: illustrating zippers, seams, and garment construction

Exploring Different Illustration Mediums and rendering methods:
Experimenting with markers, gouache, and mixed media for vibrant looks
Creating mixed-media collages as an alternative illustration style
Learning advanced techniques for illustrating complex

textiles like lace, sequins, and fur.
Practice in illustrating movement and flow in fabric

Understanding Flats and Technical Drawings:
Detailed breakdown of flats for a professional presentation

Certification: A certificate of completion (non-credit bearing) will be received after completing level 1 & 2 or level 3 & 4.

I'm proud to always come back every year and share my knowledge with their students and I believe in their mission to produce South Africa's most successful students.

Mr John-Jay Cabuay: Parsons School of Design and Fashion Institute of Technology, New York

The Villioti Fashion Institute is registered with the Department of Education as a Private Higher Education Institution under the Higher Education Act, 1997. Registration Certificate No. 2009/HE07/008

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